

## Graft-derived cell-free DNA, a noninvasive early rejection and graft damage marker in liver transplantation: A prospective, observational, multicenter cohort study

Schütz E, Fischer A, Beck J. (2017) PLoS Med 14(4):e1002286

### Practical Clinical Utility

Donor-derived cell-free DNA (dd-cfDNA) is a more accurate marker for the assessment of graft health than traditional liver function tests (LFTs)

#### Endpoints and Goals

- To evaluate graft health using dd-cfDNA
- Directly compare dd-cfDNA with traditional LFT levels for the assessment of graft integrity (including damage and rejection)

#### Methods

##### Study and Timeframe

Prospective, blinded, multi-cohort study of 107 patients (N) with 386 samples (n) over the course of one year following liver transplantation.

##### Subgroup Measurement Methods and Timing

Cohort was broken into three subgroups (clinically stable, HCV+, and biopsy-proven rejection) that were analyzed by dd-cfDNA, traditional LFTs, biopsy, and ISD monitoring.

**Droplet digital polymerase chain reaction (ddPCR)** was used to assess dd-cfDNA concentration (%).

**Repeated dd-cfDNA measurements** were taken during scheduled post-operative visits and whenever rejection was clinically suspected. Visit (V), Day (D), Month (M): V1: 0–10 D; V2: 11–30 D; V3: 1–2 M; V4: 2–4 M; V5: 4–8 M; V6: 8–10 M; and V7: 10–14 M).

- Average number of dd-cfDNA measurements per patient within the first year was 4.9

**Graft damage was defined as**  $\geq 10\%$  dd-cfDNA, anything below this threshold was considered stable.

- LFTs (AST, ALT,  $\gamma$ -GT, and bilirubin) were measured per standard of care

#### Results

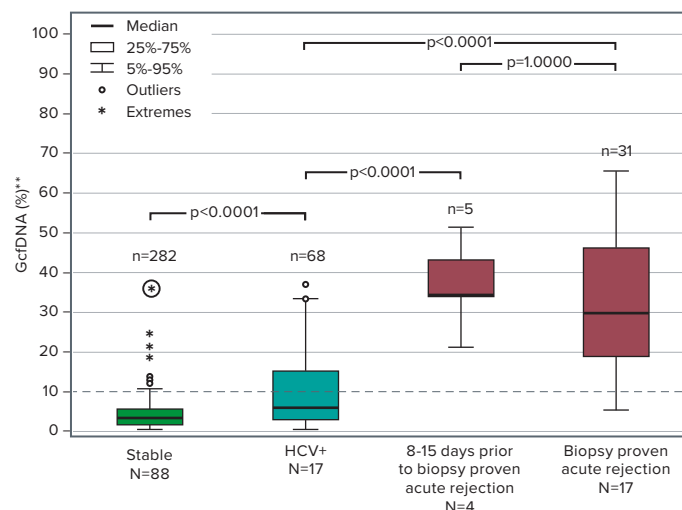
**dd-cfDNA (%) showed statistically significant discrimination between subgroups** and improvement over the LFTs analyzed (AST, ALT,  $\gamma$ -GT, and bilirubin) which showed much greater overlap between groups.

**Elevated dd-cfDNA was seen 8-15 days prior to rejection** confirmed by biopsy and before LFTs showed evidence of rejection during the same timepoint in five episodes of rejection.

**VitaGraft Liver had a higher correlation with graft health and is more sensitive than traditional LFTs.**

- Diagnostic sensitivity: 90.3%
- Diagnostic specificity: 92.9%
- Negative predictive value (NPV): 97%\*
- Area under the receiver operating characteristic curve (AUC<sub>ROC</sub>): 96.5%

\*Calculated at a 25% prevalence using all biopsy-proven rejection and stable patient samples.\*\*Graft-derived cell-free DNA (GcfDNA) is equivalent to dd-cfDNA.



**FIGURE 1.** Plasma GcfDNA percentages during the first year after transplantation in stable patients and patients with either HCV or biopsy-proven acute rejection. Boxes represent median with interquartile range, with whiskers showing the 5th-95th percentile and n's showing the number of contributing values. The bold circle represents the patient with subclinical rejection without biopsy 1 wk earlier (see text). GcfDNA, graft-derived cell-free DNA; HCV, hepatitis C virus.

N = number of patients | n = number of samples



**Results** continued

**dd-cfDNA has an independent diagnostic value separate from LFTs** for discrimination between biopsy-proven rejection and clinically stable samples.

**No combination of LFTs had an equal or better diagnostic value than dd-cfDNA.**

**Multivariable logistic regression results for liver function tests and GcfDNA**

Parameter	DF	Estimate	Standard error	Wald Chi-square	p-Value
Intercept*	1	-6.6435	1.0510	39.9597	<0.0001
GcfDNA percentage	1	0.1800	0.0515	12.2256	0.0005
AST	1	0.0559	0.0266	4.4182	0.0356
ALT	1	-0.0073	0.0142	0.2664	0.6057
γ-GT	1	0.00145	0.0011	1.8124	0.1782
Bilirubin	1	-0.4537	0.4134	1.2044	0.2724

**TABLE 1:** \*Constant term in linear regression analysis (value at which the fitted line crosses the y-axis). DF=degrees of freedom; GcfDNA=graft-derived cell-free DNA.

**Conclusion**

Determination of dd-cfDNA (%) in plasma by ddPCR allowed for earlier and more sensitive discrimination of acute rejection in liver transplant patients. Additional

independent diagnostic information on graft integrity was provided by dd-cfDNA (%) in comparison to conventional LFTs.